



# CHARLES S. RUSHE MIDDLE SCHOOL

# Home of the Ravens

PROGRAM SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
1:50 -	Sign-In	Sign-In	Sign-In	Sign-In	Sign-In
2:20	Snack	Snack	Snack	Snack	Snack
	Socialization	Socialization	Socialization	Socialization	
2:20 -	<b>Board Games</b>	Board Games	<b>Board Games</b>	<b>Board Games</b>	Friday
3:00	Reading	Reading	Reading	Reading	Frolics
	Scholars Club	Scholars Club	Scholars Club	Scholars Club	
3:00 —	(Homework, Group Tutoring	(Homework, Group Tutoring	(Homework, Group Tutoring	(Homework, Group Tutoring	Friday
4:00	& Grade Recovery)	& Grade Recovery)	& Grade Recovery)	& Grade Recovery)	Frolics
		Enrichment Program Tracks		Enrichment Program Tracks	
	BTB Special Interest Clubs	EPT 1 – Life Skills: Nutrition &	BTB Special Interest Clubs	EPT 1 – Life Skills: Nutrition &	Friday
4:00 —	(Student's Choice)	Hygiene	(Student's Choice)	Hygiene	Frolics
5:00		EPT 2 - Physical Fitness:		EPT 2 - Physical Fitness:	
		Basketball Skills		Basketball Sills	
	Project Based Learning	Project Based Learning	Project Based Learning	Project Based Learning	
5:00 –	(PBL)	(PBL)	(PBL)	(PBL)	Friday
5:45	Culinary Arts	Culinary Arts	Culinary Arts	Culinary Arts	Frolics
	Sports Skills & Drills	Sports Skills & Drills	Sports Skills & Drills	Sports Skills & Drills	
<i>5:45</i> –	Techno Time	Techno Time	Techno Time	Techno Time	Friday
6:00	Clean Up	Clean Up	Clean Up	Clean Up	Frolics

See description of activities on reverse side

3rd Quarter
January 7<sup>th</sup> – February 20<sup>th</sup>

#### Socialization

This part of our program allows the student's time to transition from their academic day to a more relaxed atmosphere. Students can utilize this time to talk with friends, play card games, board games or simply relax in a comfy chair and read a book.

#### Scholar's Club

This activity provides time for students to complete homework, receive tutoring, work on grade recovery and build upon valuable educational skills.

#### **BTB Special Interest Clubs**

BTB Clubs are clubs that the students choose based on their interest. These clubs are can be student or Group Leader directed. Clubs can include drama, arts & crafts, cultural diversity, music, sports, etc. Students will have a choice of two different clubs every two weeks.

#### **Enrichment Program Tracks**

These are specialized sessions provided twice weekly over a seven-week period. During EP Tracks, students will have an opportunity to engage in exciting activities led by special guests who will give students real coaching and hands on opportunities in a variety of topics.

Track 1 – Life Skills: Health & Hygiene – Students will learn about healthy habits and hygiene. Students will learn the importance of good nutrition, hygiene and healthy eating. Activities will include preparing healthy snacks, proper dental techniques, daily hygiene, proper stress relief techniques to improve emotional health.

Track 2 – Physical Fitness: Basketball Skills – Students will learn the fundamentals, rules and regulations of the game of basketball. They will learn mechanical functions such as dribbling, shooting and passing. They will also explore advance functions such as team defensive and offensive concepts. As students develop and display understanding of the game, they will engage in a healthy competitive game of basketball.

### **Project Based Learning (PBL)**

This prepares students for academic, personal, and career success, and prepares students to rise to the challenges of life and the world they live in. Activities are planned and implemented collaboratively with staff and students based on student interest and community need. Project Based Learning unleashes a contagious, creative energy among staff and students.

#### **Sports Skills and Drills**

This activity consists of a variety of sports drills and exciting fun. For the beginner, or the established athlete, Skills and Drills is a fun relaxing way to try your hand at a new sport with encouragement and support from the site staff and fellow teammates. Adult supervised and directed, Skills and Drills helps students realize the importance of collaboration and teamwork.

#### **Techno Time**

This activity is a block of time that allows students to complete projects they may currently be working on, engage in new computer-based projects and activities, or just research individual topics of interests. Techno Time provides access to the technology that drives student achievement and 21st Century education.

## **Friday Frolics**

This will provide time to wrap up the activities from the week and give students an opportunity to enjoy special activities or events. Designed with student interest in mind, activities or events may include; a field day, a dance, movie time, video game tournaments, special presentations or any other just-for-fun activity that the students may enjoy.