



JOHN LONG MIDDLE SCHOOL

Home of the Longhorns

Program Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday
2:50 - 3:00	Sign-In Snack	Sign-In Snack	Sign-In Snack	Sign-In Snack	Sign-In Snack
3:00 - 3:10	Socialization Board Games Reading	Socialization Board Games Reading	Socialization Board Games Reading	Socialization Board Games Reading	Friday Frolics
3:10 - 4:10	Scholars Club (Homework, Group Tutoring & Grade Recovery)	Scholars Club (Homework, Group Tutoring & Grade Recovery)	Scholars Club (Homework, Group Tutoring & Grade Recovery)	Scholars Club (Homework, Group Tutoring & Grade Recovery)	Friday Frolics
4:10 - 5:10	Enrichment Program Tracks EPT 1 - Life Skills: Health & Wellness EPT 2 - Physical Fitness: Dodgeball2you	BTB Special Interest Clubs (Student's Choice)	Enrichment Program Tracks EPT 1 - Life Skills: Health & Wellness EPT 2 - Physical Fitness: Dodgeball2you	BTB Special Interest Clubs (Student's Choice)	Friday Frolics
5:10 - 5:45	Project Based Learning (PBL)	Project Based Learning (PBL)	Project Based Learning (PBL)	Project Based Learning (PBL)	Friday Frolics
5:45 - 6:00	Sports Skills & Drills Techno Time Clean Up	Sports Skills & Drills Techno Time Clean Up	Sports Skills & Drills Techno Time Clean Up	Sports Skills & Drills Techno Time Clean Up	Friday Frolics

See description of activities on reverse side

1st Quarter
August 19 – October 7th

Socialization

This part of our program allows the student's time to transition from their academic day to a more relaxed atmosphere. Students can utilize this time to talk with friends, play card games, board games or simply relax in a comfy chair and read a book.

Scholar's Club

This activity provides time for students to complete homework, receive tutoring, work on grade recovery and build upon valuable educational skills.

BTB Special Interest Clubs

BTB Clubs are clubs that the students choose based on their interest. These clubs can be student or Group Leader directed. Clubs can include drama, arts & crafts, cultural diversity, music, sports, etc. Students will have a choice of two different clubs every two weeks.

Enrichment Program Tracks

These are specialized sessions provided twice weekly over a seven-week period. During EP Tracks, students will have an opportunity to engage in exciting activities led by special guests who will give students real coaching and hands on opportunities in a variety of topics.

Track 1 – Life Skills: In this unit students will set standards for healthy eating habits and physical fitness activities. As a part of this unit, medical professionals will come in to speak and teach students about healthy living, healthy choices, physical fitness programs. This unit will teach today for a healthy tomorrow. The students will participate in various sports, i.e. soccer, tennis, walking, basketball, etc.; students will learn how to prepare healthy nutritional snacks.

Track 2 - Dodgeball2You will help students understand the importance of teamwork and sportsmanship. Students will learn the fundamentals of throwing, catching, dodging, strategy and other related sporting skills. Played in Dodgeball2you's mobile arena, a fun and safe environment under trained attendants.

Project Based Learning (PBL)

This prepares students for academic, personal, and career success, and prepares students to rise to the challenges of life and the world they live in. Activities are planned and implemented collaboratively with staff and students based on student interest and community need. Project Based Learning unleashes a contagious, creative energy among staff and students.

Sports Skills and Drills

This activity consists of a variety of sports drills and exciting fun. For the beginner, or the established athlete, Skills and Drills is a fun relaxing way to try your hand at a new sport with encouragement and support from the site staff and fellow teammates. Adult supervised and directed, Skills and Drills helps students realize the importance of collaboration and teamwork.

Techno Time

This activity is a block of time that allows students to complete projects they may currently be working on, engage in new computer-based projects and activities, or just research individual topics of interests. Techno Time provides access to the technology that drives student achievement and 21st Century education.

Friday Frolics

This will provide time to wrap up the activities from the week and give students an opportunity to enjoy special activities or events. Designed with student interest in mind, activities or events may include; a field day, a dance, movie time, video game tournaments, special presentations or any other just-for-fun activity that the students may enjoy.